



Support the MudWalk Spooky 5K Fun Run/Walk



to Benefit the SCPS Environmental Studies Center

Costumes are Welcome!

When:

Saturday, October 26, 2019
Onsite Registration – 7:00AM
Race Start – 8:00AM
Pancake Breakfast – 8:30AM
Awards – 9:00AM

Location:

The 5K will start at Winter Springs High School and run along the Cross-Seminole Trail and back to the HS to finish with our traditional pancake breakfast and awards presentation. The 5K will be decked out with our spooky theme for Halloween including friendly zombies and some ghoulish fun.

Registration:

(All registration is non-refundable)

Adults 18 & Up:

\$20 EARLY BIRD REGISTRATION through 8/20/19

\$25 August 21 – October 20

\$30 October 21 – October 25

\$35 Day of Race (Cash or credit card only)

\$20 for Sleep-In Option

Youth 17 & Under:

\$12 EARLY BIRD REGISTRATION through 8/20/19

\$15 August 21 – October 20

\$20 October 21 – Day of Race

SCPS Employee Wellness Discount (Courtesy of SCPS Wellness)

\$10 Registration

This registration rate is for SCPS employees only

Select "SCPS Employee" registration option

Register by September 28th to ensure t-shirt size.

For later registration, t-shirts will be available only while supplies last.

SCPS Employees:

\$10 while spots are available. Please register using SCPS employee registration option. There are ONLY 325 discounted spots, so register TODAY! ***This discounted rate is for SCPS employees only.***

Sleep-In Option:

Want to contribute to this event but not interested in getting up early?

Participate in our "Sleep-In" option. Register for the event by choosing the "Sleep-In" option and pick your t-shirt size. The morning of the event you can stay snuggled in bed knowing you have contributed and will also get a t-shirt!

Early Packet Pick Up:

Pre-race packet pick up will be Friday, October 25, from 3:00PM – 7:00PM at the Environmental Studies Center, 2985 Osprey Trail, Longwood, FL 32750. Across CR419 from the Boombah Sports Complex (Soldiers Creek Park ball fields). Packets will also be available on race day at Winter Springs High School starting at 7:00AM.

Pancake Breakfast:

All participants are invited to join us after their run to enjoy a complimentary pancake breakfast. Spectators are welcome to join in for a donation. Donations are always welcome!

T-Shirts:

All registered participants will receive an event day t-shirt. ***Shirt sizes and availability not guaranteed for registrations after September 28th.***

Timing:

This event will NOT be officially timed. There will be a time clock at the start/finish line but no official results will be calculated.

Awards:

Medals will be awarded at our pancake breakfast for the Overall Winner and additional medals as follows:

Top 3 Female & Top 3 Male

who complete the run for each of the following:

- Elementary
- Middle School
- High School
- Adult

Traveling Trophy:

The Traveling Trophies will be awarded to the SCPS elementary, middle and high schools with the most participation (staff, students & families). Winning schools receive a plaque to keep.

About this Event:

All proceeds from this event will benefit the Seminole County Environmental Studies Center.

Restrictions:

For safety reasons, in-line skates, skateboards, and dogs will not be allowed in the race. Headphones are discouraged. Baby-joggers and strollers will be allowed, however are required to start at the back of the starting corral.

COSTUMES ARE WELCOME!

For additional event questions, you may email mudwalk5K@gmail.com.

The Friends of the Environmental Studies Center is an authorized program of The Foundation for Seminole County Public Schools, a 501(c)3 organization.